Fall 2014

Health Modules
HEALTH MODULES - Open to everyone, including those not enrolled in the certificate program.

PART II: HEALTH MODULES are offered on a variety of health issues affecting the communities across the state. Each module covers important public health facts and local resources.

**Substance Use**  
October 14, 2014 - 9:30 am - 12:30 pm  
Explore your attitudes toward addiction and addicts. Develop skills for working effectively with those suffering from addiction. Learn about theories of addiction, approaches to treatment and recovery.

**HIV/AIDS 101**  
October 15, 2014 - 9:30 am - 12:30 pm  
What are the behaviors and other factors that put people at risk for HIV infection? Explore ways to educate your clients on risky behaviors, safer sex practices and other reduction strategies. Get up-to-date information about new tests and treatments.

**Asthma**  
October 16, 2014 - 9:30 am - 12:30 pm  
How can you improve the health of children and adults with asthma? Learn about this disease, how to identify environmental asthma triggers that can cause asthma attacks, ways to reduce the negative impacts of these triggers, and improve the health of those suffering from asthma.

**Family Planning**  
October 21, 2014 - 9:30 am - 12:30 pm  
Learn about contraceptive methods, how they work, side effects, and effectiveness. Identify family planning services in your area.

**Mental Health**  
October 23, 2014 - 9:30 am - 12:30 pm  
How do you identify a mental health issue, the level of risk and determine what is in the client’s best interest? Discuss common signs and symptoms of mental health problems and techniques for working with clients resistant to seeking services and for handling crisis intervention.

**Domestic Violence**  
October 28, 2014 - 9:30 am - 12:30 pm  
How do we screen for abuse in a relationship? How do we offer help? Learn about the forms of abuse, the cycle of violence and abusers. Learn about risk assessments, safety plans, and resources.

**Maternal & Child Health**  
October 30, 2014 - 9:30 am - 12:30 pm  
Learn about pre labor nutrition, breathing and relaxation strategies, timing of contractions, the difference between true labor and false labor, pain relief medication options, tips for partners, birth plans, cesarean birth, postpartum recovery and depression, baby care and breast feeding.

**Chronic Disease**  
November 4, 2014 - 9:30 am - 12:30 pm  
This module focuses on two common diseases; Diabetes and High Blood Pressure. Participants learn ways of educating community residents about these diseases, the importance of early screening and investment in their own care and treatment.
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PART II: HEALTH MODULES are offered on a variety of health issues affecting the communities across the state. Each module covers important public health facts and local resources.

**Sexually Transmitted Diseases/Infectious Diseases**
November 6, 2014 - 9:30 am - 12:30 pm
What are the differences between viral and bacterial STDs? Teach your clients about the symptoms, complications, and treatments for STDs and infectious diseases. Explore ways to make behavioral changes that will reduce your clients’ risk of contracting STDs and infectious diseases.

**Harm Reduction and Prevention**
November 11, 2014 - 9:30 am - 12:30 pm
This class will explore the role of harm reduction and prevention in dealing with all aspects of drug addiction. Emphasis will be placed on meeting a drug user “where they are,” working with them on developing relationships and empowerment. Current drug use trends and tips developed by drug users will be explored. Guidance with cultural competency and issues with stigmatization of drug users will be covered.

**LGBTQ 101**
November 18, 2014 - 9:30 am - 12:30 pm
Participants should leave with a general understanding of the LGBTQ umbrella, know the difference between sex, gender, and sexual orientation and how these identities work together to form a person’s identity, skills for creating a more inviting climate for LGBTQ individuals in service provision, tips for working with LGBTQ individuals and reaching out to the community. This session is beneficial to anyone who works with the general public. All participants will receive information on resources and a list of local organizations and providers.

**Affordable Care Act**
November 20, 2014 - 9:30 am - 12:30 pm
Learn all you need to know about the New Health Care Law including how the Affordable Care Act (ACA) will improve the health insurance marketplace in Massachusetts, changes that will occur related to coverage due to ACA, details of the ACA’s impact on Massachusetts consumers, and key messaging strategies to talk to people about the ACA.

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**FEES FOR COURSES AND CERTIFICATE**
The COEC program costs $175 per person. Individual courses can be taken at a cost of $25 per course per person. All training fees are non-refundable and due at the time of registration.

Acceptable forms of payment are: company checks, bankers’ checks or money orders payable to Lowell Community Health Center.

Cash and personal checks are NOT accepted.
CHEC POLICY AGREEMENT

Both participants and their direct supervisors must provide signatures of agreement to show that they fully understand and agree to comply with CHEC’s training policies and procedures. CHEC reserves the right to establish and modify the training policies and fees as deemed necessary.

REGISTRATION

I. Priority will be given to Community Health Workers serving the Northeast Region.

II. Registrants must meet eligibility criteria, complete registration forms, and submit training fees.

III. Training fees are due at the time of registration and are non-refundable, which include a $175 fee per person for COEC, or $25 per course per person for non-COEC enrollment. Acceptable forms of payment include company checks, and money orders (made payable to Lowell Community Health Center). Cash and personal checks are NOT accepted.

IV. Non-registered individuals and those with incomplete registrations will not be allowed in the trainings.

V. Participants will be notified by phone or e-mail to confirm their registration and receipt of payment. Participants will be contacted by CHEC staff prior to training date. Registration confirmation will be valid only when registrants have spoken directly to CHEC staff.

VI. Participants will be accepted on a first come first serve basis following completion of registration.

VII. Participants who cancel more than twice within two consecutive cycles will be automatically put on waiting lists for future trainings.

PARTICIPATION

I. All trainings will begin on time.

II. Participants who arrive after the training has started will be allowed to enter the training only at the discretion of CHEC staff.

III. Participants must notify CHEC of any cancellations 72 hours (or 3 days) prior to any training. CHEC will not refund training fees under any circumstance, including cancellations.

IV. Participants must attend training for the full duration of a session to receive credit for the day.

V. For trainings with multiple parts, participants must attend all relevant sessions to receive full credit.

VI. The Comprehensive Outreach Education Certificate Program (COEC) must be completed within three consecutive cycles. The certificate will be awarded upon completion of the 15 sessions required.

VII. Trainings not offered at CHEC will not be counted towards the completion of COEC, with the exception of the Emergency Care/CPR training, in which case participants must provide a copy of a valid CPR/First Aid card.

VIII. Cellular telephones must be turned off or put on silent mode during trainings. Calls should be made or answered only during breaks, except in case of emergency. No texting is allowed during trainings.

IX. Participants are responsible for all parking fees (approximately $1-2 an hour) and meals.

SPECIAL ACCOMMODATIONS

I. Any special arrangements (such as ASL interpreters) must be requested four weeks prior to any training.

II. CHEC is handicap accessible.

EMERGENCY CLOSING

In the event of inclement weather conditions, please call the Health Center at 978-937-9700. A weather update will be posted by 7:00 AM with information on delays, cancellations, or closings.
REGISTRATION FORM

Please complete this form fully. Return completed registration form to CHEC by e-mail at CHEC@chealth.org, or by mail to Lowell Community Health Center, 161 Jackson Street, Lowell, MA 01852, Attn: CHEC.

Name: ___________________________ Date: __________________

Organization Name: ________________________________

Mailing Address Required: __________________________________________

Office Phone (required): __________________________________________

Cell/Alternate Phone (required): _________________________________

E-mail (required): ________________________________________________

Supervisor Name: ________________________________________________

Supervisor e-mail: ________________________________________________

Supervisor’s Phone #: _____________________________________________

Do you need individual arrangements (i.e., interpreters)? _______________

Are you a Community Health Worker? (response required)  □ YES  □ NO

BASIC REQUIREMENTS:

1. Some work experience in community based health work such as in the role of a Community Health Worker is preferred.

2. Employment at a community organization and providing at least 20 hours a week outreach education is preferred.

3. Employer and employee must read policy agreement and sign registration form prior to or upon registration.

4. Must complete the following questions:

   Briefly, describe your role as a Community Health Worker.

   _____________________________________________________________

   List the populations you serve.

   _____________________________________________________________

5. By signing below, my supervisor and I acknowledge that we have read and agree with the Community Health Education Center (CHEC) policies and procedures. We agree to comply with all training policies and procedures in order to participate in any CHEC training, and I understand that failure to comply may prevent my present or future participation.

Participant’s Printed Name __________________________________________

Participant’s Signature ____________________________________________

Supervisor’s Printed Name __________________________________________

Supervisor’s Signature ____________________________________________
COMPREHENSIVE OUTREACH EDUCATION CERTIFICATE PROGRAM

☐ Check here to take all eight CORE courses. Check the boxes below to select individual courses in the series.

☐ Introduction to Outreach Education  September 11, 2014  9:30 am - 4:30 pm
☐ Cross Cultural Communication  September 16, 2014  9:30 am - 1:00 pm
☐ Leadership Skills  September 18, 2014  9:30 am - 1:00 pm
☐ Community Organizing  September 23, 2014  9:30 am - 1:00 pm
☐ Assessment Techniques  September 30, 2014  9:30 am - 1:00 pm
☐ Public Health  October 2, 2014  9:30 am - 3:30 pm
☐ Outreach Education I  October 6, 2014  9:30 am - 1:00 pm
☐ Outreach Education II  October 9, 2014  9:30 am - 3:30 pm

For the Comprehensive Outreach Education Certificate also choose (6) of the Health Modules below, plus the Emergency Care/CPR module (7 total).

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May be taken separately, or as part of the Comprehensive Outreach Education Certificate Program.

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☐ HIV/AIDS 101  October 15, 2014  9:30 am - 12:30 pm
☐ Asthma  October 16, 2014  9:30 am - 12:30 pm
☐ Family Planning  October 21, 2014  9:30 am - 12:30 pm
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☐ Chronic Disease  November 4, 2014  9:30 am - 12:30 pm
☐ Sexually Transmitted diseases/Infectious Diseases  November 6, 2014  9:30 am - 12:30 pm
☐ Harm Reduction & Prevention  November 11, 2014  9:30 am - 12:30 pm
☐ LGBTQ 101  November 18, 2014  9:30 am - 12:30 pm
☐ Affordable Care Act  November 20, 2014  9:30 am - 12:30 pm

Return registration form to CHEC by e-mail or mail. Make checks payable to: Lowell Community Health Center

E-MAIL: CHEC@lchealth.org
MAIL: Lowell Community Health Center/CHEC, 161 Jackson Street, Lowell, MA 01852
ALSO OFFERED THROUGH CHEC:

Bridging the Gap - Professional Medical Interpreter Training

Enhanced Medical Interpreting Terminology Workshops

Advanced Workshops

Visit us online at:

http://www.lchealth.org/professionals/community-health-education-center