PROGRAM GOAL: REACH LoWELL, led by Lowell Community Health Center, seeks to eliminate disparities among the Southeast Asian and Hispanic/LatinX communities as it relates to diabetes.

HEALTH CONNECTIONS
Increase knowledge of health disparities, cultural competence, and community resources among Southeast Asian and Hispanic/LatinX communities. Connect people to programs to help manage and prevent diabetes.

FOCUS AREAS & ACTIVITIES
- Health and wellness of leaders of color
- Diabetes self-management program pilot
- Strengthening connections with community-based partners to leverage resources for community members

IMPACT
- 550 individuals engaged through wellness series
- 125+ families supported in connecting to resources

LOOKING AHEAD
- Diabetes Self-Management Program pilot with Metta Health Center & community organizations
- Health & Wellness Series 2022

COVID/FLU
- Educate & empower trusted community voices
- Enhance provider partnership
- Increase vaccination opportunities
- Share lessons learned with national sites

FOCUS AREAS & ACTIVITIES
- Community vaccination & education
- Vaccine awareness

IMPACT
- 3,389 population reached
- 196 community partners educated on the importance of COVID-19 & Flu vaccines
- 19 supported mobile vaccine sites
- 12 local organizations partnered with
- 17,957 assisted individuals with vaccination

LOOKING AHEAD
- Strengthen & establish relationships with local Faith-Based Organizations
- Support additional mobile vaccination opportunities through interpretation, patient navigation & coordination

PARTNERS & COLLABORATORS
Faith Based Organizations
- Calvary Evangelical Church
- Inglesia Cristiana Ebenezer
- PCEA Neema Church
- Lowell All Nations Seventh-day Adventist Church
- St. Patrick Catholic Church
- Glorious Power Church
- Kenyan Community Ushindi Church
- Igreja Peniel

Made possible with funding from the Centers for Disease Control and Prevention
Updated: 1.24.2022
NUTRITION

GOALS

- Improve health outcomes
- Increase availability & access to healthier food options

FOCUS AREAS & ACTIVITIES

Food systems
- Creation & implementation of Community Food Assessment (CFA)
- Coalition for a Better Acre (CBA) initiated food distribution onsite & by home delivery

Health Nutrition Standards
- Promotion of SWAP (Supporting Wellness at Pantries): a universal color-coded system that is easily used to identify healthy food options

IMPACT

37 sites • 25,139 population • 1,000+ residents

LOOKING AHEAD

- Engagement of additional partner pantries
- Implementation of CFA and Breast/Chestfeeding recommendations

BREAST/CHESTFEEDING

FOCUS AREAS & ACTIVITIES

Internal and community assessments on breast/chestfeeding landscape

IMPACT

33 providers engaged
15 partner organizations engaged in developing assessments

138 people completed the Infant Feeding Survey

LOOKING AHEAD

- Infant Feeding Survey results to be shared

BUILT ENVIRONMENT

GOALS

- Increase community engagement in making improvements to physical environment
- Increase satisfaction & engagement among stakeholders & community members

FOCUS AREAS & ACTIVITIES

Cambodia Town resident survey
Pop-up public meeting at Pailin Park
Neighborhood walk audit

IMPACT

1,151 population

LOOKING AHEAD

- Cambodia Town Neighborhood Assessment
- Cambodia Town Neighborhood Mobility Plan

YEAR 1 | 2020 - 2021
ACCOMPLISHMENTS & HIGHLIGHTS
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